

C.O.P.E
Challenging Outdoor Personal Experience
Trexler Scout Reservation
Minsi Trails Council

Pre Course Information

Welcome to the C.O.P.E. experience. The information included in this packet is designed to prepare you for the C.O.P.E. summer camp program at Trexler Scout Reservation for the Minsi Trails Council, Boy Scouts of America. Please read this carefully. If you have any questions, please call the Minsi Trails Council Service Center at (610) 264- 8551.

Staff:

C.O.P.E. Directors and Assistant Directors are graduates of the BSA Northeast Region National Camp School trained in C.O.P.E. programs. Staff members and instructors are trained students, outdoor leaders and volunteer members of the community. All participate in ongoing training on C.O.P.E. activities.

Equipment & Clothing:

C.O.P.E. will provide all equipment and training for its proper use. You will be expected to dress appropriately for the weather and nature of the activity, as outlined on the enclosed "What to Bring" list.

Forms:

- All participants must have a complete medical form on the record with the Camp Nurse upon arrival at summer camp. These will be checked by the Director and Asst. Director before beginning the C.O.P.E. program.
- Participants who are minors (under 18 year of age) must bring a completed Parental Consent Form signed by their parent/guardian.
- Adult participants (over 18 years of age) must sign an Assumption of Risk form prior to active participation on the C.O.P.E. course. It is important that you understand these risks associated with the activities. A comprehensive explanation of these risks will be included in the course instruction.
- All forms must be in by the 2-week leader meeting.
- Cope classes are capped at 15 participants.

Safety:

Safety is the primary concern on the C.O.P.E. course. Each activity is preceded by a safety briefing, where all risks and protection against these risks are explained. Participants are expected to abide by all safety rules set by the C.O.P.E. staff.