

OPERATION FIRST CLASS PROGRAM MANUAL



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2007
**SETTLERS
CAMP
TSR**



Welcome to the Operation: First Class Program Guide. This book is a step-by-step manual of our first year camper program here at Settlers Camp. Inside, you will find our weekly schedule, timetables, and lesson plans. As a Scout leader, you have your option of how you would like to treat all of these lessons. The lesson provided is the one we will be following at that particular time slot. If you feel comfortable teaching that same lesson to your Scouts at the same time or another time that is convenient, feel free to do so. If, however, you would like your scouts to participate in a particular session, due to resources, time, or limited knowledge, please send them to the OFC area. A Scout does not need to participate in every requirement, and every class, only the ones that they need to attain the next rank. If, however, you would like to review or solidify these concepts, the OFC program is an excellent place to do so. A brand new Scout crossing over from Webe-los should, however, participate in the full program, both in their site and in the program area. As a result, they will complete two merit badges and many requirements toward their First Class Rank. Please use these lessons at your discretion. The program runs for the boys at the times indicated. Your choice is to teach your boys in the site or send them to the area. If you are not sure of the skill either, or just want to help out, please come down to OFC yourself, and feel free to help out.

Basketry

Materials: Basketry kit from trading post

Objective: After completion Scouts will be able to

1. Weave baskets
2. Make a stool

Procedures:

1. Show students how to weave stool & basket
2. Supervise activities
3. Let scouts work at own pace
4. Congratulate after completion of stool & basket

Assessment:

1. Scouts will enjoy working Basketry, and develop an understanding of how to weave baskets

Identify the following terms: reed, raffia, splints, cane, and rush

Weeklong Schedule

Leatherwork

Materials: Leather kit from trading post, gimp, different kinds of leather.

Objectives: After completion Scouts will be able to:

1. Identify five different kinds of leather.
2. Show how to condition leather.
3. Demonstrate braiding gimp.
4. Complete the leather work kit.

Procedure:

1. Work on leather kits
2. Demonstrate how to braid gimp which will be done back at the campsite.
3. Show how to stamp leather
4. Demonstrate how to tan leather
5. Identify different types of leather.

Assessment:

1. Scouts will enjoy working with leather and understand leather work.
2. Identify the following terms:

Tanning, stamping, braiding lacing, stitching.

Monday

- 9:00 T-5 Explain the rules of safe hiking, both on the highway and cross-country, during the day and at night. Explain what to do if you are lost.
T-9 Explain why we use the buddy system in Scouting.
- 10:00 SC-1A- Demonstrate how a compass works and how to orient a map. Explain what map symbols mean.
- 11:00 FC-1: Demonstrate how to find directions during the day and at night without using a compass.

Tuesday

- 9:00 SC-2E Discuss when it is appropriate to use a cooking fire and a light weight stove. Discuss the safety procedures for using both.
SC-2G On one campout, plan and cook over an open fire one hot breakfast or lunch for yourself, selecting foods from the food pyramid. Explain the importance of good nutrition. Tell how to transport, store, and prepare the foods you selected.
- 10:00 SC-2F Demonstrate how to light a fire and a lightweight stove.
- 11:00 FC-4A Help plan a patrol menu for one campout that includes at least one breakfast, one lunch, and one dinner and that requires cooking at least two meals. Tell how the menu includes the foods from the food pyramid and meets nutritional needs.
FC-4B Using the menu planned in requirement 4a, make a list showing the cost and food amounts needed to feed three or more boys and secure the ingredients.
FC-4C Tell which pans, utensils, and other gear will be needed to cook and serve these meals.
FC-4D Explain the procedures to follow in the safe handling and storage of fresh meats, dairy products, eggs, vegetables, and other perishable food products. Tell how to properly dispose of camp garbage, cans, plastic containers, and other rubbish.

Wednesday

- 9:00 T-6 Demonstrate how to display, raise, lower, and fold the American flag.
SC-3 Participate in a flag ceremony for your school, religious institution, chartered organization, community, or troop activity

Weeklong Schedule (continued)

10:00 *AT ECON* T-11 Identify local poisonous plants; tell how to treat for exposure to them.

SC-5 Identify or show evidence of at least ten kinds of wild animals (birds, mammals, reptiles, fish, mollusks) found in your community.

Wednesday (*Continued*)

11:00 FC-6 Identify or show evidence of at least ten kinds of native plants found in your community.

Thursday

9:00 FC-5 Visit and discuss with a selected official approved by your leader your constitutional rights and obligations as a US Citizen

10:00 SC-7A Tell what precautions must be taken for a safe swim.

SC-7C Demonstrate water rescue methods by reaching with your arm leg, by reaching with a suitable object, and by throwing lines and objects. Explain why swimming rescues should not be attempted when a reaching or throwing rescue is possible, and explain why and how a rescue swimmer should avoid contact with the victim.

11:00 FC-9A Tell what precautions must be taken for a safe trip afloat

FC-9C With a helper and a practice victim, show a line rescue both as tender and rescuer. (The practice victim should be approximately 30 feet from shore in deep water.)

Friday

9:00 Totin' Chip at *Scoutcraft*

10:00 *till 11:45*

T-4A Demonstrate how to whip and fuse the ends of a rope.

T-4B Demonstrate you know how to tie the following knots and tell what their uses are: two half hitches and the taut-line hitch.

FC-7A Discuss when you should and should not use lashings

FC-7B Demonstrate tying the timber hitch and clove hitch and their use in square, shear, and diagonal lashings by joining two or more poles or staves together.

Friday 9AM T4

Materials: Rope, fire (lighter, matches), couple of sticks

Objectives: After the lesson Scouts will be able to

1. Learn to whip and fuse rope
2. Learn half hitch, taut-line, and bowline

Procedures:

1. Teach boys how to whip and fuse rope
2. Teach boys what the uses of the half hitches, taut-line, and bowline are used for
3. Teach the knots to the scouts

Assessment:

1. The scouts will be able to identify the basic knots that are essential to scouting and camping

Scouts will be able to whip and fuse a rope

Friday 10AM – 11:45AM FC7

Materials: Rope, wood

Objectives: After the lesson Scouts will be able to:

1. Build a useful camp gadget using lashing
2. Take Boys over to Scoutcraft for Totin' Chip

Procedure:

1. Gather wood for gadget
2. Build gadget
3. Take boys over to Scoutcraft for Totin' Chip
4. Boys learn knife, axe, and saw safety

Assessment:

1. Scouts to earn Totin' Chip

Scouts able to build gadgets with just sticks and rope

Procedures:

1. Introduce public official
2. Let guest speaker talk to the Scouts about American obligations and rights

Assessment:

Learn and explain what it means to be an American citizen and why the United States is the best country in the entire world

Night (Outpost) Thursday
T 1 & 3, SC 2B & D, FC 4

Materials: Food from kitchen, pots and pans, tents, full packs for boys, pocket knives, plates, cups, swim suit, towel, etc etc

Objectives:

After Completion, the scouts will be able to:

1. build a cooking fire
2. cook their own food for a night
3. pitch their own tents

Procedure:

1. The scouts will hike with a full backpack to campsite
2. The scouts will pitch their tents, and put all gear away
3. The scouts will gather fire wood for a fire
4. Scouts will build a cooking fire for dinner
5. Scouts will prepare food for dinner
6. Boys will cook the food for dinner
7. Friday morning is the Frigid Froggy!

Assessment:

- The scouts will be able to build cooking fire
- The scouts will be able to cook their dinner over a fire
- The scouts will be able to pitch their own tents

Monday 9AM T5 & T9

Materials: Hiking stick, shoe imprint, trek planner

Objectives: After lesson Scouts will be able to:

1. Tell the importance of the buddy system
2. Explain safe hiking procedures

Procedures:

1. Ask if Scouts know what the buddy system is.
2. Explain the Buddy System and its importance
3. Show shoe imprint
4. The 5 W's: Where, When, Who, Why, What, and How
5. Tell why good feet will help you have a fun hike
6. Explain why wool socks are the best kind of sock for hiking

Assessment:

1. Question and Answer correctly the importance of the following terms – Buddy System, safe hiking rules, etc...

10AM Monday SC 1A

Materials: Compass, Map, Map Symbol Flashcards

Objectives: After the lesson the scouts will be able to:

1. Show how to orient a map
2. Identify common map symbols

Procedures:

1. Lay out map on the table and briefly skim over the map with scouts
2. Show compass and explain essential parts of compass
3. Place the compass on the map
4. Explain difference between north and magnetic north
5. Orient the map
6. Play flashcard game to work on map symbols

Assessment:

- Be able to show how to orient a map
- Be able to identify regular symbols on the map such as: Contours, boundary, power line, telephone line, railroad, bridge, etc...

11AM Monday FC1

Materials: Analog watch, stick

Objectives: After lesson, Scouts will be able to:

1. Find their way if they do not have a compass or map.
2. To use other methods besides sun and north star.

Procedures:

1. Ask if anyone knows what to do if they are lost and do not have a compass or map.
2. Explain Sun (east or west) and North Star methods.
3. Ask what to do if they can not use the previous methods.
4. Explain watch method.
5. Show analog watch method.

Assessment:

1. Q&A session on lost in the woods methods.
2. Identify the Following terms:

Analog watch method, the sun as a tool, north star.

9AM Thursday SC 7A & C

Materials: Reach pole. Throwing rope, swimsuit, towel

Objective:

1. Scouts will learn how to use the reach pole
1. Scouts will learn how to use the throwing rope
2. Scouts will learn the arm and leg rescues

Procedures:

1. Take scouts to waterfront.
2. Hail Ian as god of the lake
3. Show how to extend the reach pole to a victim, lay in water close to victim
4. Show how to throw ring buoy, move your arm in a wide arc and release towards your target.
5. Show to perform leg and arm rescues. Lay down on a sturdy surface that you will not slip on, extend your arm or leg as far as can be done safely. If this does not work, do not over extend yourself, try another method.
6. Go over Reach Throw Row Go

Assessment:

- The scouts have correctly explained the importance of different methods of rescue

The scouts are able to correctly show how to perform different rescue methods

Thursday 11 AM FC5

(Requires a public official to teach this class)

Materials: Public Official

Objectives: After the lesson the Scouts will be able to:

1. State their Constitutional rights as American citizens
2. Know what their obligations as an American citizen are

to poisonous plants

Procedures:

1. Go to Econ, take hike with econ staff

Assessment:

1. Scouts identified local poisonous plants
2. Scouts took short hike
3. Scouts identified local plants and animals
4. Scouts explained the steps for treating exposure to a poisonous plant

Wednesday 11-12

Materials: Nature Trail

Objectives: After the lesson the Scouts will be able to

1. Identify many different kind of plants along the nature trail

Procedures:

1. Take Scouts along the nature trail adjacent to Econ
2. Show and identify each numbered plant plus any other plants along the way

Assessment:

1. Q & A session at the campfire circle about all nature items learned earlier in the day

Tuesday 9AM SC2E & SC2G

Materials: Kindling, tinder, and fuel

Objectives: After the lesson scouts will be able to:

1. Demonstrate the 3 types of fires
2. Explain the importance of safe cooking and eating healthy foods

Procedure:

1. Have scouts collect sticks of many different sizes
2. Explain difference between kindling, tinder, and fuel
3. Teach scouts how to build a lean-to fire
4. Teach scouts how to build a log cabin fire
5. Teach scouts how to build a tee-pee fire
6. Explain the importance of cooking food and eating healthy food while camping

Assessment:

1. Scouts can build the 3 types of fires
2. Will be able to explain the importance of safe cooking and eating healthy foods

10AM Tuesday SC 2F

Materials: Sticks

Objectives: Properly build and light a fire

Procedure:

1. Have Scouts collect sticks
2. Break into groups
3. Have each group build all 3 fires

Assessment:

Scouts will know how to build and properly light all 3 fires

Wednesday 9-10 T6

11 AM Tuesday FC 4A, 4B, 4C, 4D

Materials: Paper, Pens.

Objectives:

1. Be able to plan for a patrol campout
2. Be able to price the cost of food and secure the cooking ingredients.
3. Tell which pans, utensils, and other gear will be needed to cook and serve these meals.

Procedure:

1. Give scouts a camping scenario.
2. Allow the scouts time to plan a menu for the previous scenario.
3. Price the food on the menu.
4. Explain what utensils will be needed to cook each meal.
5. Teach safe handling of the utensils and how to properly prepare the food on the menu.
6. Teach how to safely store food.

Assessment:

1. Explain how to properly prepare food.
2. Explain how to safely store food properly
3. Explain the importance of using proper utensils to prepare food.
4. Explain the importance of making certain foods for certain outdoor activities.

Materials: American Flag

Objectives: After the lesson the Scouts will be able to:

1. Display the American flag properly
2. Raise, lower, and fold the American flag in the proper manner
3. To briefly describe the history of the flag

Procedures:

1. Take scouts to Buttress
2. Show how to lower the flag
3. Show parts of the flag, describe the flag colors, and tell a brief history
4. Fold the flag
5. Unfold the flag and raise the flag
6. Have scouts raise, lower, and fold flags themselves

Assessment:

Scout should demonstrate proper manner of raising, lowering, and the American flag

10 AM Wednesday T 11, SC 5 and FC 6

Materials: First aid kit, posters (poisonous plants, plants, animals)

Objectives:

1. Scouts will identify local poisonous plants
2. Scouts will take a short hike on nature trail
3. Scouts will identify local plants and animals
4. Scouts will explain the steps for treating exposure