



Copyright © MMIV  
Nicholas Teada, Operation First Class Director  
Nicholas Henshue, Program Director  
Trexler Scout Reservation  
Settlers Camp  
Copyright © MMVII  
Revisions  
James Korcienski, Camp Director  
Copyright © MMIX  
Revisions  
James Korcienski, Camp Director  
Timothy Williams, Operation First Class Director  
D.J. Scott, Program Director

# Operation First Class Program Scoutmaster Manual



2009  
Settlers Camp  
TSR



# Leatherwork

**Materials:** Leather kit from trading post, gimp, different kinds of leather.

**Objectives:** After completion Scouts will be able to:

1. Identify five different kinds of leather.
2. Show how to condition leather.
3. Demonstrate braiding gimp.
4. Complete the leather work kit.

**Procedure:**

1. Work on leather kits
2. Demonstrate how to braid gimp which will be done back at the campsite.
3. Show how to stamp leather
4. Demonstrate how to tan leather
5. Identify different types of leather.

**Assessment:**

1. Scouts will enjoy working with leather and understand leather work.
2. Identify the following terms:  
Tanning, stamping, braiding lacing, stitching.

# Basketry

**Materials:** Basketry kit from trading post

**Objective:** After completion Scouts will be able to

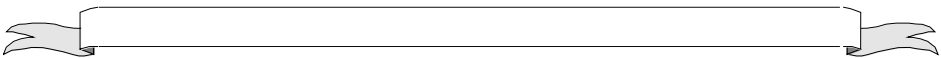
1. Weave baskets
2. Make a stool

**Procedures:**

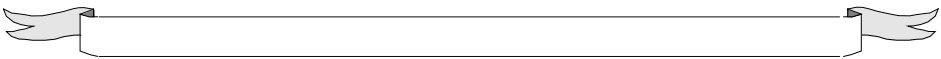
1. Show students how to weave stool & basket
2. Supervise activities
3. Let scouts work at own pace
4. Congratulate after completion of stool & basket

**Assessment:**

1. Scouts will enjoy working Basketry, and develop an understanding of how to weave baskets  
Identify the following terms: reed, raffia, splints, cane, and rush



Welcome to the Operation: First Class Program Guide. This book is a step-by-step manual of our first year camper program here at Settlers Camp. Inside, you will find our weekly schedule, timetables, and lesson plans. As a Scout leader, you have your option of how you would like to treat all of these lessons. The lesson provided is the one we will be following at that particular time slot. If you feel comfortable teaching that same lesson to your Scouts at the same time or another time that is convenient, feel free to do so. If, however, you would like your scouts to participate in a particular session, due to resources, time, or limited knowledge, please send them to the OFC area. A Scout does not need to participate in every requirement, and every class, only the ones that they need to attain the next rank. If, however, you would like to review or solidify these concepts, the OFC program is an excellent place to do so. A brand new Scout crossing over from Webelos should, however, participate in the full program, both in their site and in the program area. As a result, they will complete two merit badges and many requirements toward their First Class Rank. Please use these lessons at your discretion. The program runs for the boys at the times indicated. Your choice is to teach your boys in the site or send them to the area. If you are not sure of the skill either, or just want to help out, please come down to OFC yourself, and feel free to help out.



# Weeklong Schedule

## Monday

- 9:00 T-4A Demonstrate how to whip and fuse the ends of a ride
- 10:00 SC-2E Discuss when it is appropriate to use a cooking fire and a light weight stove. Discuss the safety procedures for using both.  
SC-2G On one campout, plan and cook over an open fire one hot breakfast or lunch for yourself, selecting foods from the food pyramid. Explain the importance of good nutrition. Tell how to transport, store, and prepare the foods you selected.
- 11:00 FC-4A Help plan a patrol menu for one campout that includes at least one breakfast, one lunch, and one dinner and that requires cooking at least two meals. Tell how the menu includes the foods from the food pyramid and meets nutritional needs.  
FC-4B Using the menu planned in requirement 4a, make a list showing the cost and food amounts needed to feed three or more boys and secure the ingredients.  
FC-4C Tell which pans, utensils, and other gear will be needed to cook and serve these meals.  
FC-4D Explain the procedures to follow in the safe handling and storage of fresh meats, dairy products, eggs, vegetables, and other perishable food products. Tell how to properly dispose of camp garbage, cans, plastic containers, and other rubbish.
- 7:30 First Aid Requirements at area 7

## Tuesday

- 9:00 FC-5 Visit and discuss with a selected official approved by your leader your constitutional rights and obligations as a US citizen
- 10:00 SC-7A Tell What precautions must be taken for a safe swim  
FC-9A Tell what precautions must be taken for a safe trip afloat
- 11:00 SC-7C Demonstrate water rescue methods by reaching with your arm or leg, by reaching with a suitable object, and by throwing lines and objects. Explain why swimming rescues should not be attempted when a reaching or throwing rescue is possible, and explain why and how a rescue swimmer should avoid contact with the victim

## Friday 9AM T4

**Materials:** Knife, Saw, Axe, Hatchet

**Objectives:** After the lesson Scouts will be able to

1. Earn the totin chip

**Procedures:**

1. Go over requirements
2. Demonstrate proper uses of Knife, Saw, and Ax

**Assessment:**

1. Earn the totin chip

## Friday 10AM – 11:45AM FC7

**Materials:** Rope/ sticks

**Objectives:** After the lesson Scouts will be able to:

1. Tie knots
2. Learn proper lashings
3. Know when to use lashings

**Procedure:**

1. Demonstrate how to do the knot
2. Have kids practice them
3. Teach them the lashing
4. Have them practice requirement

**Assessment:**

Kids show they know how to properly do the proper knots  
Kids show how to do the lashings by showing them to the staff

## Friday 2PM

Catapult competition to practice using their lashings and to have fun to end the week.

## Thursday Night (Outpost) T 1 & 3, SC 2B & D, FC 4

**Materials:** Food from kitchen, pots and pans, tents, full packs for boys, pocket knives, plates, cups, swim suit, towel, etc

### **Objectives:**

After Completion, the scouts will be able to:

1. build a cooking fire
2. cook their own food for a night
3. pitch their own tents

### **Procedure:**

1. The scouts will hike with a full backpack to camp-site
2. The scouts will pitch their tents, and put all gear away
3. The scouts will gather fire wood for a fire
4. Scouts will build a cooking fire for dinner
5. Scouts will prepare food for dinner
6. Boys will cook the food for dinner
7. Friday morning is the Frigid Froggy!

### **Assessment:**

- The scouts will be able to build cooking fire
- The scouts will be able to cook their dinner over a fire
- The scouts will be able to pitch their own tents

## **Weeklong Schedule (continued)**

### **Wednesday**

- 9:00 T-6 Demonstrate how to display, raise, lower, and fold the American flag.
- 10:00 *AT ECON* T-11 Identify local poisonous plants; tell how to treat for exposure to them. SC-5 Identify or show evidence of at least ten kinds of wild animals (birds, mammals, reptiles, fish, mollusks) found in your community. FC-6 Identify or show evidence of at least ten kinds of native plants found in your community.
- 11:00 SC-4 Participate in an approved (minimum of one hour) service project

### **Thursday**

- 9:00 T-5 Explain the rules of safe hiking, both on the highway and cross country, during the day and at night. Explain what to do if you are lost
- 10:00 SC-1A Demonstrate how a compass works and how to orient a map. Explain what map symbols mean.
- 11:00 FC-1 Demonstrate how to find directions during the day and at night without using a compass

### **Friday**

- 9:00 Totin' Chip *at Scoutcraft*
- 10:00 T-4B Demonstrate you know how to tie the following knots and tell what their uses are: two half hitches and the taut-line hitch.
- 11:00 FC-7A Discuss when you should and should not use lashings  
FC-7B Demonstrate tying the timber hitch and clove hitch and their use in square, shear, and diagonal lashings by joining two or more poles or staves together.

## Monday 9AM TF-4A

**Materials:** Rope, Matches, Candles, Twine

**Objectives:** After lesson Scouts will be able to:

1. Whip and fuse a rope

**Procedures:**

1. Demonstrate how to fuse a rope
2. Demonstrate how to whip rope

**Assessment:**

1. Have kids whip and fuse their own rope

## Monday 10AM SC-2E

**Materials:** Kindling, Timber, Fuel, Camp stove

**Objectives:** After the lesson the scouts will be able to:

1. Demonstrate 3 types of fire
2. Use a lightweight stove

**Procedures:**

1. Have kids collect wood
2. Build the fires
3. Learn about a lightweight stove
4. Explain the importance of cooking food and eating healthy food while camping

O

**Assessment:**

- Scouts will build 3 types of fires
- Will be able to explain the importance of safe cooking and eating healthy foods

## Thursday 11 AM FC-1

**Materials:** Star Charts, trees, position of the sun and time tables.

**Objective:**

1. Explain the different ways to identify direction during the day.
2. Explain the different ways to identify direction during the evening.

**Procedure:**

1. Ask scouts to point to the cardinal directions.
2. Show time tables and position of the sun diagram.
3. Take scouts to the forest and show the moss side of a tree.
4. Show scouts night sky star charts to help identify direction at night.
5. Explain how to use North Star to navigate at night.

**Assessment:**

Have Scouts complete night time orienteering course on out-post.

## **Thursday 9 AM SC 7A & C**

**Materials:** Hiking Stick, Shoe Imprint, Trek Planner

**Objective:**

1. Tell the importance of the buddy system
2. Explain safe hiking procedures

**Procedures:**

1. Ask if scouts know what the buddy is
2. Explain the buddy system and its importance
3. Show shoe imprint
4. The 5 W's: Where, When, Who, Why, What, and How
5. Tell why good feet will help you have a fun hike
6. Explain why wool socks are the best kind of sock for hiking

**Assessment:**

1. Question and answer correctly the importance of the following terms– buddy system and safe hiking rules

## **Thursday 10 AM SC-1A**

**Materials:** Compass, Map

**Objectives:** After the lesson the Scouts will be able to:

1. Show how to orient a map
2. Identify common map symbols

**Procedures:**

1. Lay out map on table and briefly skim over the map with scouts
2. Show compass and explain essential parts of the compass
3. Explain difference between north and magnetic north
4. Orient the map

**Assessment:**

Demonstrate orienting the map and compass. Scouts will identify cardinal and intermediate directions.

## **Monday 11AM FC-4A-D**

**Materials:** Paper, Pens

**Objectives:** After lesson, Scouts will be able to:

1. Be able to plan for a patrol campout
2. Be able to price the cost of food and secure the cooking ingredients
3. Tell which pans, utensils, and other gear will be needed to cook and serve these meals

**Procedures:**

1. Allow the scouts time to plan a menu for a campout
2. Price the food on the menu
3. Explain what utensils and gear will be needed
4. Teach safe handling of the utensils and how to properly prepare the food on the menu
5. Teach how to safely store food

**Assessment:**

1. Explain how to properly prepare food
2. Explain how to safely store food
3. Explain the importance of using proper utensils to prepare food
4. Explain the importance of making certain foods for certain outdoor activities

## **Monday 7:30 PM**

First Aid requirements at Area 7 with the First Aid merit badge class

## **Tuesday 9AM SC2E & SC2G**

(Requires a public official to teach this class)

**Materials:** Public Official

**Objectives:** After the lesson scouts will be able to:

1. State their Constitutional rights as American Citizens
2. Know what their obligations as an American citizen are

**Procedure:**

1. Introduce public official
2. Let guest speaker talk to the scouts about American obligations and right

**Assessment:**

1. Learn and explain what it means to be an American citizen and why the US is the best country in the entire world

## **Tuesday 10AM SC 2F**

**Materials:** Swimsuit, Towel

**Objectives:** Scout can explain proper safe swim and safety afloat

**Procedure:**

1. Explain what safe swim is
2. Explain what safety afloat is

**Assessment:**

Talk about what each is

**Procedures:**

1. Go to Econ, take hike with econ staff

**Assessment:**

1. Scouts identified local poisonous plants
2. Scouts took short hike
3. Scouts identified local plants and animals
4. Scouts explained the steps for treating exposure to a poisonous plant

## **Wednesday 11 AM SC-4**

**Materials:** None

**Objectives:** After the lesson the Scouts will be able to

1. Make a service project

**Procedures:**

1. Get project for kids to do
2. Help project get accomplished

**Assessment:**

1. Get project finished

## Wednesday 9 AM T6

**Materials:** American Flag

**Objectives:** After the lesson the Scouts will be able to:

1. Display the American flag properly
2. Raise, lower, and fold the American flag in the proper manner
3. To briefly describe the history of the flag

**Procedures:**

1. Show how to lower the flag
2. Show parts of the flag, describe the flag colors, and tell a brief history
3. Fold the flag
4. Unfold the flag and raise the flag
5. Have scouts raise, lower, and fold flags themselves

**Assessment:**

Scout should demonstrate proper manner of raising, lowering, and the American flag

## Wednesday 10 AM T 11, SC 5 and FC 6

**Materials:** First aid kit, posters (poisonous plants, plants, animals)

**Objectives:**

1. Scouts will identify local poisonous plants
2. Scouts will take a short hike on nature trail
3. Scouts will identify local plants and animals
4. Scouts will explain the steps for treating exposure to poisonous plant

## Tuesday 11 AM FC-7C

**Materials:** Reach Pole, Throwing Rope

**Objectives:**

1. Scouts will learn how to use the reach pole
2. Scouts will learn how to use the throwing rope
3. Scouts will learn the arm and leg rescues

**Procedure:**

1. Show how to extend the reach pole to a victim, lay in water close to victim
2. Show how to throw ring buoy, move your arm in a wide arc and release towards your target
3. Show how to perform leg rescues
4. Go over Reach Throw Row Go.

**Assessment:**

1. The scouts have correctly explained the importance of different methods of rescue
2. The scouts are able to correctly show how to perform different rescue methods